Home Hospice

Comfort, Compassion, Advocacy and Support in Your Own Community

September, 2023

Organ Donation & Advance Care Planning in Almonte

Date: Tuesday, October 10, 2023 Time: 12:30 to 3:30 p.m. Location: Almonte Public Library, 155 High Street, Almonte Registration: call 613-791-7167 or email <u>chair@hhnl.ca</u> Registration deadline: Thursday, October 4 Maximum attendance: limited



This session will deal with two topics.

Organ Donation — did you know that one donor can help up to 80 people get back to life?

In Ontario, 1,400 people on average are waiting for a lifesaving organ while thousands more are in need of a transformative tissue donation. Sadly, every 3 days someone will die waiting. Becoming a donor at the end of your life is exceedingly rare - generally, only about 1-2% of deaths occur under circumstances that make donation possible, and you are six times more likely to need an organ transplant than to become a donor.

This is why the need for donors is so great.

Register your consent at www.beadonor.ca to become an organ and tissue donor after your death and share your intentions with your family so they can ensure your wishes are honoured.

Advance Care Planning (ACP) is a process that encourages thinking and talking about your wishes for future health and personal care. By working through your wishes with your family or friends, you can explain to others what is important to you. This can be especially important should you find yourself ill and unable to communicate. Thanks to the Canadian Hospice Palliative Care Association, an Advance Care Planning kit assists Canadians with planning their emergency and end-of-life health care wishes.